

ART.nR: 1115
Spring Chest Expander

Warming:

Before using or beginning this or any other exercise program or product, consult your physician who can assist you in planning a program appropriate for your age physical condition. This is especially important for persons with any existing health conditions, foot, knee, hip implants, pace makers, recent sutures, acute inflammation or those on medications. Before using please make sure each section assembled well.

Features:

- Helps to develop and strengthen chest, shoulder and arm muscles
- Adjustable chrome plated springs and contoured handles
- For Men and Women