

PEDAL EXERCISER with DIGITAL DISPLAY

USER MANUAL

GENERAL WARNINGS

Read all instructions and warnings carefully before attempting to assemble or use the product.

WARNINGS

- ▲ Consult your physical therapist or health care professional before starting any exercise program
- ▲ Check to ensure all fixtures (i.e. screws, joints and fittings) on the pedal exerciser are tight and secure.
- ▲ Check for damage parts,rips,tears,cracks or wear.DO NOT use if product shows any signs of damage.

A. PARTS-PEDAL EXERCISER



FUNCTION

TIMER(TIME)- Duration of workout

COUNT(CNT)--Cycle count

TOTAL COUNT (T.CNT)-Total cycle counts recorded

CALORIE (CAL)-Amount of calories burned

SCAN - Recall data of most recent workout. The LED will automatically display the results of "TIME", "CAL" and "T.CNT" circularly.

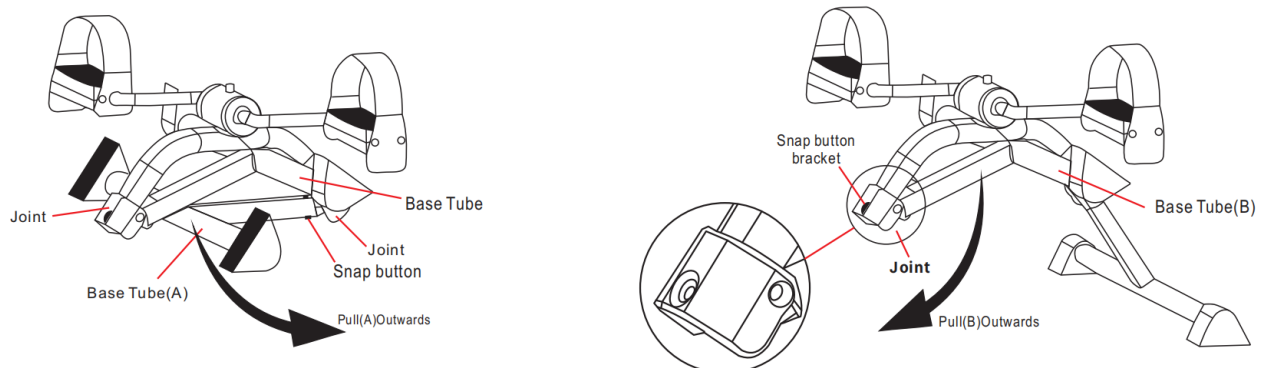


FEATURES:

- **Auto Power On** -- Display turns on automatically when you start to pedal
- **Auto Power Off** -- Display turns off automatically after 5 minutes of inactivity.
- **Pause Timer** -- Timer is paused when exerciser is idle for 3 seconds. "STOP" sign will appear on the top left corner of the display.
- **Restart-Erase** data of most recent workout. Press and hold red button for 2 seconds. To reset the Total Count, remove battery.
- **Battery**-1x 1.5V(AAA)battery(included).Replace battery when faded numbers or unusual characters are displayed.

B. INSTRUCTIONS TO USE

1. UNFOLD PEDAL EXERCISER. Pull Base Tube (A) outwards until snap button on the joint fully protrudes through the hole in the bracket and an audible click is heard. Repeat on Base Tube (B).



2. Instruction: Replace battery on Digital Display of Pedal Exerciser.

(1) Remove Digital Display by turning Tension Knob counter-clockwise.	(2)Push button at the bottom of the display to release battery cover.	(3)Replace 1xAAA Battery.
		