## A. PARTS - PEDAL EXERCISER



## PARTS - DIGITAL DISPLAY

Stores data from current/most recent workout Press the red button to select a function. A black arrow will move through the functions.



## **FUNCTION**

TIMER (TIME) – Duration of workout COUNT (CNT) – Cycle count TOTAL COUNT (T.CNT) – Total cycle counts recorded

CALORIE (CAL) – Amount of calories burned

**SCAN** — Recall data of most recent workout. The LED will automatically display the results of "TIME","CAL" and "T.CNT" circularly.

## **FEATURES:**

- Auto Power On Display turns on automatically when you start to pedal
- Auto Power Off Display turns off automatically after 5 minutes of inactivity.
- Pause Timer Timer is paused when exerciser is idle for 3 seconds. "STOP" sign will appear on the top left corner of the display.
- Restart Erase data of most recent workout. Press and hold red button for 2 seconds. To reset the Total Count, remove battery.
- Battery 1 x 1.5V (AAA) battery Replace battery when faded numbers or unusual characters are displayed.