

ART NO.2392
Balance Board
with height adjustable cup



Available with extra Adjustable cup for 3 challenging skill levels.



18 Degrees



21 Degrees



27 Degrees

Exercises guide:

Warning:

Please put on the flat surface ground before using.



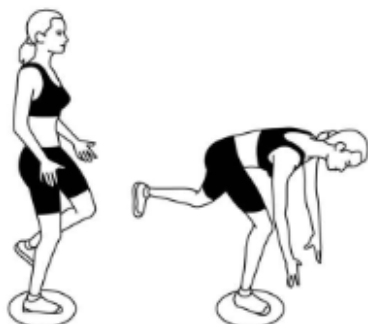
Squat



Single Leg Balance



Seated Balance



Single Leg Reach



Single Leg Reach



Push-Up



Split Squat