

ART NO. 2560

Twister with Rotating Push Up

Warning:

Please put on the flat surface ground before using.

Twister with Rotating Push Up is a three-function product combining tradition push-up, rotating push-up and twister. You will get more effects to build a good shape and it is easy assembly into fitness equipment.

Feature for Rotating Push-Up:

- Rotating handles allow the arms and shoulders to move naturally.
- Maximizes muscle growth and strength while reducing joint strain and give you better results faster.
- Durable handles, ball bearings, comfort grips and non-slip base are for better stability.

Feature for Twister:

- Twister provides waist motion and strong your thighs muscles.
- Separate disk help to train your body balance at the same time. It is very convenient exercise.
- Durable design is for men, women, and children.

Feature for Push-Up Bar:

- Push-Up is optimal exercise to help strength your arm, chest muscles and shapes your body.