

## **BR-2924 Foam Hula Hoop**

Hoops in Flat pattern

### **WARNING:**

Before using or beginning this or any other exercise program or product, consult your physician who can assist you in planning a program appropriate for your age and physical condition. This is especially important for persons with any existing health conditions (including but not limited to) pregnancy, foot/knee/hip implants, pace makers, recent sutures, acute inflammation or those on medications.

Before using please make sure each section connected well.

### Features:

- \*With special foam designed.
- \*Naturally firm up and tone muscles while you exercise.
- \*Consist several units that attach together by the molded design.
- \*Easy to use without additional connector.
- \*Push, press and kneads the abdomen and waist.

### Assembly drawing

Press the red button to assemble the Hula Hoop.

### Disassembly drawing

Press the white point to take apart.