



ice 087 Girl ice 087 Boy

EN INSTRUCTIONS ON ASSEMBLY AND USE

CONGRATULATIONS ON PURCHASING THIS PRODUCT!

Please read these instructions carefully. The instructions are an integral component of the product. Therefore, please store them and the packaging carefully in case questions arise in the future. Please always include these instructions when handing on the product to a third party. This product must be assembled by an adult. This product is not designed for industrial use. The use of the product requires certain capabilities and skills. Always adjust according to the age of the user and use for the purpose it has been designed for.

TECHNICAL SPECIFICATIONS

Skate:	ICE 087
Available in size:	28-31,32-35,36-39
Blade:	hardened stainless
Maximum user weight:	100kg

SAFETY INSTRUCTIONS

WARNING! Always use complete safety gear, since like many comparable sports, ice-skating is a sport with relatively high risk of injury. Always wear a hand and wrist guard, knee and elbow pads and reflecting clothes and a helmet while skating. However, please remember that wearing complete safety gear cannot guarantee 100% protection.

Do not make any changes to your skates which could affect your safety. The self-inhibiting effect of self-locking elements can subside due to repeated loosening and tightening of the fasteners. Sharp edges which appear during use must be removed as quickly as possible. Regular checking, maintenance and care of your skates will keep them safe and increase their life span.

- Always check that the connecting elements and closing parts are firmly locked before starting.
- Always ensure that your ice skates are fitting snugly. They should not be too small but must under no circumstances be too big, as you will not be able to stand securely if the boot is too large.
- Please do not make any modifications to the construction of the product as this may influence the skate's safety!
- For your own safety, please use original spare parts only.
- Always use blade guards when away from the ice rink. They will help protect the blades' skating properties for a long period of time.
- Please always include the instructions when passing on the product to a third party!
- Do not use your ice skates once the blades have become blunt or rusty, or if the rivets on the shoes have come loose or the shoelaces have been torn.
- Warning: Ground blades are sharp and can cause cuts!
- When skating on naturally ice-covered areas, e.g. on frozen lakes, there is a danger that you could fall through the ice!

USAGE INSTRUCTIONS

Starting out is the hardest part ...

... most accidents happen to "beginners" within the first ten minutes. Particular care should be taken during this stage.

You should not run around with the included protection against cuts. Risk of tripping.

ICE SKATE CONSTRUCTION

A skate boot is referred to in professional circles as "Ice-complete". Ice skates are boots with a rigidly-attached blade, the actual ice skate. The plastic shell and the skate are firmly connected to each other. The skate blade consists of steel of a hardness of at least 52 HRC at the contact surface. The ice skates are ground ready for use.

SKATING TECHNIQUE

- Only use the product to go skating on specifically designated skating areas.
- Please note that other ice skates should be used if playing ice hockey.
- When starting out, keep to the edge of the area and hold on to a suitable object (fence) or ask somebody to lead you for the first couple of steps.
- Please make sure that you are standing straight on the blades to prevent twisting your ankles.
- The blades should stand at a right angle to the ice.
- To skate, push forward with the inner edge of one of the blades, held at a slight angle, and slide over the ice with your weight on the other blade.
- Keep your knees slightly bent while skating and lean forward slightly with your upper body.
- Do not look at your feet while skating, but always in the direction in which you're moving.
- Continue by taking small steps, while shifting your body weight from one foot to the other and placing your feet at an outward angle.
- To stop, leave both feet on the ice and let yourself skid to a stop. While doing so, use your arms to keep your balance.
- Beginners are recommended to attend an ice skating course.

ADJUSTING THE SIZE

You will have to help your child adjust the size. You will need to loosen the "power strap" as well as the control lever on the heel of the shoe. Pull the control lever backwards. Now you can turn the lever to adjust the size until the right size is set. You will find a shoe size mark, where the sole meets the blade holder. After the adjustment, do not forget to pull the control lever forwards until it clicks into place. Then check for the correct fit of the control lever, the firm and secure fit of the control lever should be checked regularly.

MAINTENANCE AND STORAGE

- The shoes should be dried after each use.
- After each use, clean the metal parts of your ice skates with a soft cloth.
- The blades are hollow-ground. From time to time, the blades should be reground. This service is offered at ice skating rinks and in large sports stores. Please note that the blade holder must not be adjusted while the blade is being ground. After grinding, there must be a radius of 5 mm at the end of the blade. Otherwise, the skate may become unsafe to use.
- If the skates aren't being used for a prolonged period of time, it is recommended to grease the blades slightly to prevent them from becoming rusty.
- Check the skates for damage and wear and tear before and after use, and make sure that all fasteners are firmly closed.
- Do not make any changes to the structure of the skates!

Use a dry or damp cloth only to clean the product; do not use special cleaning agents! Check the product for damage or traces of wear and tear before and after each use. Do not make any structural changes. For your own safety, please use original spare parts only. If parts become damaged or if sharp edges or corners should develop, the product may not be used any more.

DISPOSAL ADVICE

At the end of the product's life, please dispose of it at an appropriate collection point provided in your area. Local waste management companies will be able to answer your questions on this.