



Assembly, Installation, Care, Maintenance, and Use Instructions



WARNING

Read these materials prior to assembling and using this trampoline



DO NOT attempt or allow somersaults. Landing on the head or neck can cause serious injury, paralysis or death, even when landing in the middle of the bed.



DO NOT allow more than one person on the trampoline. Use by more than one person at the same time can result in serious injury.

CHILDREN SHOULD BE SUPERVISED BY A RESPONSIBLE ADULT AT ALL TIMES

KEEP THIS USER GUIDE FOR FUTURE REFERENCE

8.2FT (251cm)

10FT (305cm)

12FT (366cm)

13FT (397cm)

14FT (427cm)

15FT (457cm)

16FT (487cm)

WARNING

- “Warning. Max 103kg (8.2ft), 130kg (10ft) 150kg(12ft, 13ft,14ft,15ft,16ft)”;
- “Warning. Only for domestic use”;
- “Warning. Only intended for outdoor use”;
- “Warning. The trampoline shall be assembled by an adult in accordance with the assembly instructions and thereafter checked before the first use”;
- “Warning. Only one user. Collision hazard”;
- “Warning. Always close the net opening before jumping”;
- “Warning. Jump without shoes”;
- “Warning. Do not use the *mat* when it is wet”;
- “Warning. Empty pockets and hands before jumping”;
- “Warning. Always Jump in the middle of the *mat*”;
- “Warning. Do not eat while jumping”;
- “Warning. Do not exit by a jump”;
- “Warning. Limit the time of continuous usage (make regular stops)”;
- “Warning. Do not use in strong wind conditions and secure the trampoline”.

INSTRUCTION

- The trampoline is not intended to be buried into the ground;
- If the trampoline only, if absolutely necessary, must have at least four people evenly distributed on the trampoline, and that they all lift and move the trampoline together;
- Recommend to place the trampoline on a level surface at least 2 m from any structure or obstruction such as a fence, garage, house, overhanging branches, laundry lines or electrical wires;
- Trampolines shall neither be installed over concrete, asphalt or any other hard surface nor at proximity of other conflicting installations (e.g. paddling pools, swings, slides, climbing frames);
- Modifications made by the consumer to the original trampoline (e.g. the adding of an accessory) shall be carried out according to the instructions of the manufacturer.

MAINTENANCE

Need to carry out checks and maintenance of the main parts (frame, suspension system, mat, padding, and enclosure) at the beginning of each season and that if these checks are not carried out, the trampoline could become dangerous.

Below checks are also necessary and recommended:

- check all nuts and bolts for tightness and tighten when required;
- check that all spring-loaded (pit pin) joints are still intact and cannot become dislodged during play;
- check all coverings and sharp edges and replace when required;
- retain the maintenance instruction manual;
- Outdoor trampolines should be equipped with a device that in strong wind conditions avoid displacement due to wind (e.g. steel bars in the ground or loads like

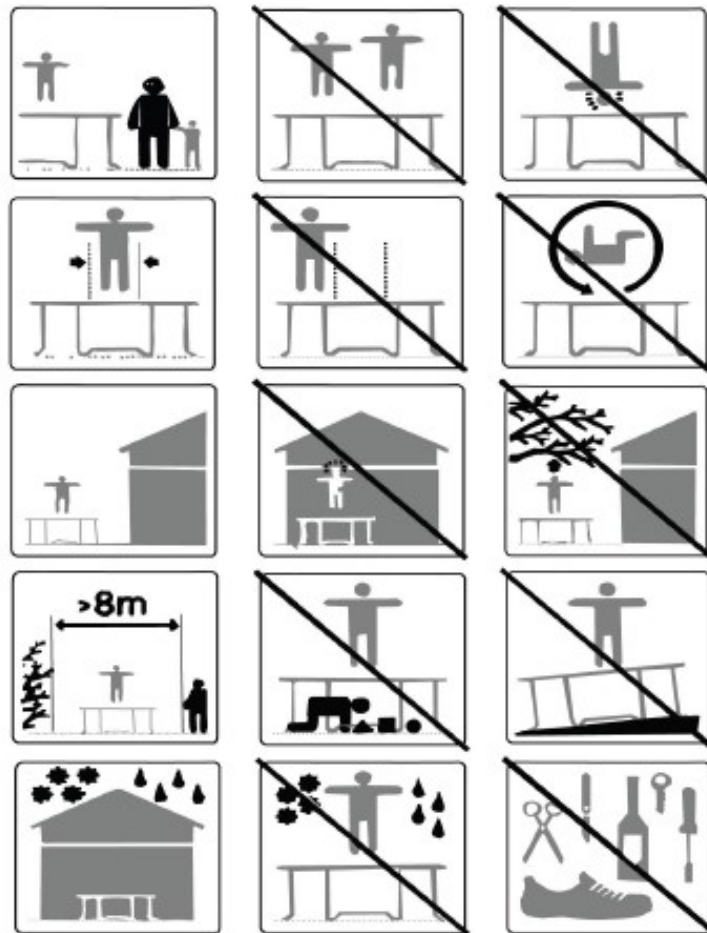
- sand bag or water bags) and/or items catching wind like net and mat should be removed;
- in certain countries during winter period, the snow load and the very low temperature can damage the trampoline. It is recommended to remove the snow and store the mat and the enclosure indoor;
 - check that mat, padding and enclosure are without defects; replace the enclosure after 2 year(s) of use:
 - make sure that the hook-and-loop fasteners are closed correctly during use of trampoline.
 - at strong wind conditions, removing enclosure and / or fixing the trampoline to the ground.

INTRODUCTION

Prior to using your new trampoline, please carefully read all the information in this manual.

Just as with any other type of physical activity, participants can be injured if the correct safety procedures are not followed. To reduce the risk of injury, please follow the appropriate safety rules and tips.

- ❖ Misuse and abuse of this trampoline is dangerous and can cause serious injury!
- ❖ Trampolines, being rebounding devices, propel the performer to unaccustomed heights and into a variety of body movements that they may not be used to, so care should be taken when performing any type of exercise on a trampoline.
- ❖ Always inspect the trampoline before each use for wear to the jumping mat and any loose or missing parts.
- ❖ Assembly instructions, care and maintenance guidance, safety tips, warnings, and jumping/bouncing techniques are all included in this manual. All users and supervisors must read and familiarize themselves with these instructions. Anybody using this trampoline must be aware of their own physical limitations.
- ❖ This trampoline **MUST** be placed on a flat surface; Failure to do so may result in malfunction and could lead to serious injury or death.



INFORMATION ON USE OF THE TRAMPOLINE

Initially, you should get accustomed to feel and bounce of the trampoline. The focus must be on the fundamentals of your body position and you should practice each bounce (the basic bounces) until you can perform each skill with ease and control.

To break a bounce, all you need to do is flex your knees before they come in contact with the jump mat. This is a basic technique and should be practiced while you are learning each of the basic bounces. The skill of 'braking' should be used whenever you lose balance or control of a manoeuvre, or if you are just learning how to jump on a trampoline. Failure to use the 'braking' manoeuvre will increase your risk of getting injured by landing on the frame, springs or off the trampoline completely should you lose control of your jump. A controlled jump is considered landing on the same spot that you took off from. If you do lose control when you are jumping on the trampoline, use the 'braking' manoeuvre when you land and this will allow you to regain control and stop your jump.

Somersaults (Flips): We recommend that you **DO NOT PERFORM** somersaults of any type (backwards or forwards) on this trampoline. If you make a mistake when trying to perform a somersault, you could land on our head or neck and cause serious injury to yourself.

Foreign Objects: **DO NOT** use the trampoline if there are pets, other people, or any objects beneath the trampoline. This will increase the chances of an injury occurring. **DO NOT** hold any foreign objects in your hand and **DO NOT** place any objects on the trampoline while anyone is using it. Please be aware of what is overhead when you are using the trampoline. Tree limbs, wires, or other objects located over the trampoline will increase the chance of injuries occurring.

Number of People on the Trampoline: No more than one person should use the trampoline at any one time. Having more than one person on the trampoline at the same time can increase the risk of injury.

Poor Maintenance of Trampoline: A trampoline in poor condition will increase the risk of injuries. Please inspect the trampoline before each use for bent steel tubes, torn mat, loose or broken springs, and overall stability of the trampoline.

Location of the Trampoline: The trampoline must always be set up and used on a level surface. Failure to use the trampoline on a level surface can increase the chance of injury and/or damage to the trampoline.

Weather Conditions: Please be aware of the weather conditions when using the trampoline. If the mat of the trampoline is wet, the jumper could slip and injure him or herself. High winds can also cause jumpers to lose control.

Limiting Access: When the trampoline is not in use, always store the access ladder in a secure place so that unsupervised children cannot play on the trampoline.

TIPS TO REDUCE THE RISK OF ACCIDENTS

Jumper:

The key to avoiding accidents is to stay in control of your jumps. DO NOT move onto more complicated, more difficult manoeuvre until you have mastered the basic, fundamental bounce. Education is also key to safety and very important. Read, understand, and practice all safety precautions and warnings prior to using the trampoline. A controlled jump is when you land and take off from the same location. For additional safety tips and instructions, contact a certified trampoline instructor.

Supervisor:

When supervising other users of the trampoline, supervisors need to understand and enforce all safety rules and guidelines. It is the responsibility of supervisor to provide knowledgeable advice and guidance to all jumpers of the trampoline. If supervision is unavailable or inadequate, the trampoline could be stored in a secure place, disassembled to prevent unauthorized use, or covered with a heavy tarpaulin that can be locked or secured with lock or chains. The supervisor is also responsible to ensure that the safety placard is placed on the trampoline and that jumpers are informed of these warnings and instructions.

TRAMPOLINE SAFETY INSTRUCTIONS

JUMPERS:

- ❖ Do not use trampoline if you have consumed alcohol or any drugs.
- ❖ Remove all hard sharp objects from your person before using trampoline.
- ❖ You should climb on and off in a controlled and careful manner. Never jump onto or off the trampoline and never use the trampoline as a device to bounce onto or into another object
- ❖ Always learn the basic bounce and master each type of bounce before trying more difficult types of bounces. Review the basic skills section to learn how to do the basics.
- ❖ To stop your bounce, flex your knees when you land on the jump mat.
- ❖ Always be in control when you are bouncing on the trampoline. A controlled jump is when you land at the same spot that you took off from. If at any time you feel out of control, try to stop your bouncing.
- ❖ Do not jump or bounce for prolonged periods of time or too high for a number of consecutive jumps.
- ❖ Keep your eyes on the mat to maintain control.
- ❖ Never have more than 1 person on the trampoline at any one time.
- ❖ Always have a supervisor watching you when you are on the trampoline.

SUPERVISORS

- ❖ Educate yourself with the basic jumps and safety rules. To prevent and reduce the risk of injuries, enforce all safety rules and ensure that new jumpers learn the basic bounces before trying more difficult and advanced jumps.
- ❖ All jumpers should be supervised, regardless of skill level or age.
- ❖ Never use the trampoline when it is wet, damaged, dirty, or worn. The trampoline should always be inspected for signs of wear before use.
- ❖ Keep all objects that could interfere with the jumper away from the trampoline. Be aware of what is overhead, underneath, and around the trampoline.
- ❖ To prevent unsupervised and unauthorized use, the trampoline should be secured when not in use.

General Safety:

Do not bounce on the trampoline for extended periods of time because fatigue can increase your chances of becoming injured. Bounce for a brief period of time and then allow others to join in on the fun! Never have more than one person bouncing on the trampoline.

Jumpers should wear t-shirt, shorts or sweats, and regulation gymnastics shoes, heavy socks, or be barefoot. If you are just beginning, you may want to wear long sleeve shirts and pants to protect against scrapes and abrasions until you master correct landing positions and form. Do not wear hard sole shoes, such as tennis shoes, on the trampoline as this will cause excessive wear on the mat material. You should always mount and dismount properly in order to avoid injury. To mount properly, you should PLACE your hand on the frame and either step or roll up onto the frame, over the springs, and onto the trampoline mat. You should always remember to place your hands onto the frame while mounting or dismounting. Do not step directly onto the frame pad or grasp the frame pad. To dismount properly, move over to the side of the trampoline and place your hand onto the frame as a support and step from the mat to the ground. Smaller children should be assisted when mounting and dismounting the trampoline.

Do not bounce recklessly on the trampoline since this will increase your chances of getting injured. The key to safety and having fun on the trampoline is controlling and mastering the various bounces. Never try to out-bounce another bouncer in terms of height! Never use the trampoline alone without supervision.

TRAMPOLINE PLACEMENT

The minimum overhead clearance required is 24 feet (7.3 meters). In terms of horizontal clearance, please ensure that no hazardous objects are near the trampoline such as tree limbs, other recreational objects (i.e. swing sets, swimming pools), electrical power wiring, walls, fences, etc. For safe use of the trampoline, please be aware of the following when selecting a place for your trampoline:

- ❖ The trampoline MUST be placed on a level surface for use.
- ❖ The area should be well-lit.
- ❖ Make sure there are no obstructions beneath, above or around the trampoline.

ACCIDENT CLASSIFICATION

Mounting and Dismounting: Be very careful when getting on and off the trampoline. DO NOT mount the trampoline by grabbing the frame pad, stepping onto the springs or by jumping onto the mat of the trampoline from an object (e.g. a deck, roof, or ladder). This will increase your chances of getting injured! DO NOT dismount by jumping off the trampoline and landing on the ground, regardless of the makeup of the ground. If small children are playing on the trampoline, they may need help in mounting and dismounting.

Use of Alcohol or Drugs: DO NOT consume an alcohol or drugs when using this trampoline! This will increase your chances of getting injured since these foreign substances impair your judgments, reaction time, and overall physical coordination.

Multiple jumpers: If you have multiple jumpers (more than one person on the trampoline at any one time), you increase the chance of getting injured. Injuries could occur when you fly off the trampoline, lose control, collide with the other jumper(s), or land on the springs. Generally, the lightest person on the trampoline will get injured.

Striking the Frame of springs: When playing on the trampoline, STAY in the center of the mat. This will reduce your risk of getting injured by landing on the frame of springs. Always keep the frame pad covering the frame of the trampoline. DO NOT jump or step onto the frame pad directly since it was not intended to support the weight of a person.

Loss of Control: DO NOT try difficult manoeuvres, or any manoeuvre until you have mastered it. If you do not follow these guidelines, you increase the risk of someone getting injured.

ASSEMBLY INSTRUCTIONS

To assemble this trampoline, you will need the special spring loading tool enclosed with your product. During periods of non-use, this trampoline can be easily disassembled and stored. Please read the assembly instructions thoroughly before beginning to assemble the product.

PRIOR TO ASSEMBLING

Please refer to the table below for part descriptions and numbers relevant to your size of trampoline. The assembly steps use these descriptions and numbers as reference for your convenience. Make sure that you have all parts listed. If you are missing any parts, please contact us immediately and do not attempt to continue with the assembly. To prevent any injuries to your hands from pinch points during assembly, **we recommend that you use gloves to protect your hands.**

Parts Identification Chart (not to the actual scale)

Use below drawing to identify all the parts



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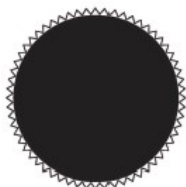
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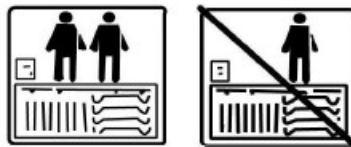
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	Part Type	8.2FT	10FT	12FT	13FT	14FT	15FT	16FT
1	Frame Tube with leg connectors	3	3	4	4	4	5	5
2	Frame Tube without leg connectors	3	3	4	4	4	5	5
3	Upright Tube	6	6	8	8	8	10	10
4	“W” type tube	3	3	4	4	4	5	5
5	Springs	54	60	72	80	88	100	110
6	Spring loading tool	6	8	8	8	8	10	10
7	Trampoline mat, stitched with V-Rings	6	8	8	8	8	10	10
8	Spring padding	6	8	8	8	8	10	10

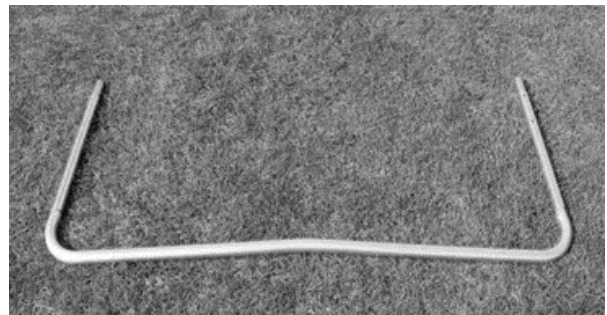
REMEMBER WE RECOMMEND THAT YOU USE GLOVES DURING ASSEMBLY TO AVOID PINCHING AND WE SUGGEST AT LEAST TWO PEOPLE WORK TOGETHER TO ASSEMBLE THE TRAMPOLINE.



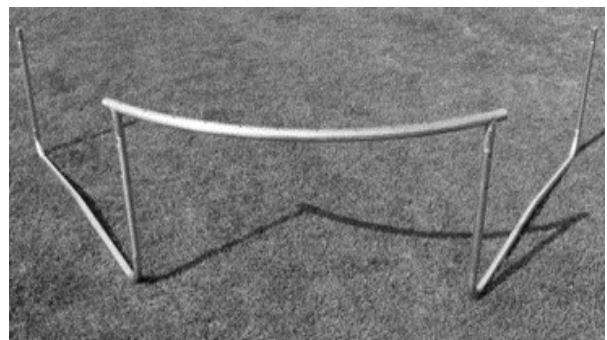
Trampoline Assembly

1. (not needed for 6ft or 8ft trampolines)

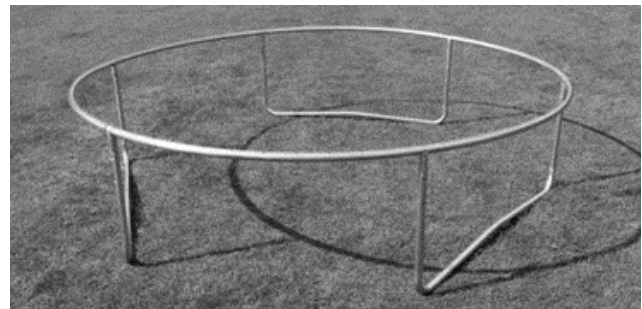
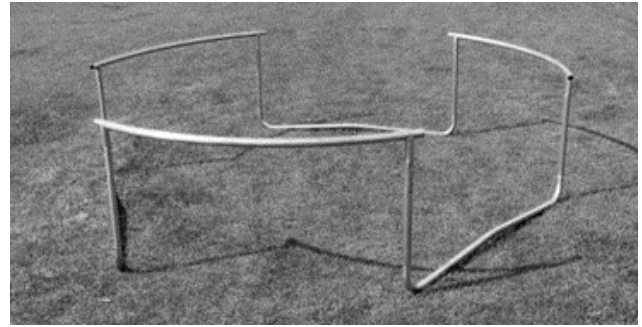
Insert an upright tube into each end of every W tube. Make sure the holes for attaching the safety pole are all facing the same direction – upwards if the W tube is flat on the ground.



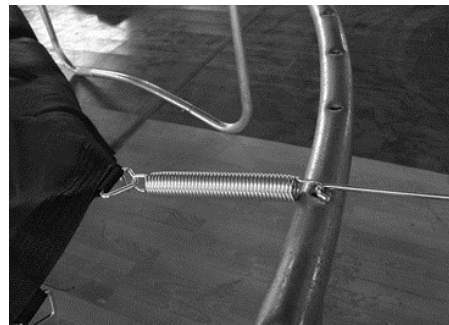
2. Join the one of the arc rims with leg connectors to two of the assembled leg sections, keeping the spring holes facing upwards and the leg socket facing downwards. Be careful to ensure the holes on the uprights for attaching the safety poles are all facing the correct way – the indented side should face the inside of the circle. Repeat this all the way round until you have a circular frame with alternating gaps.



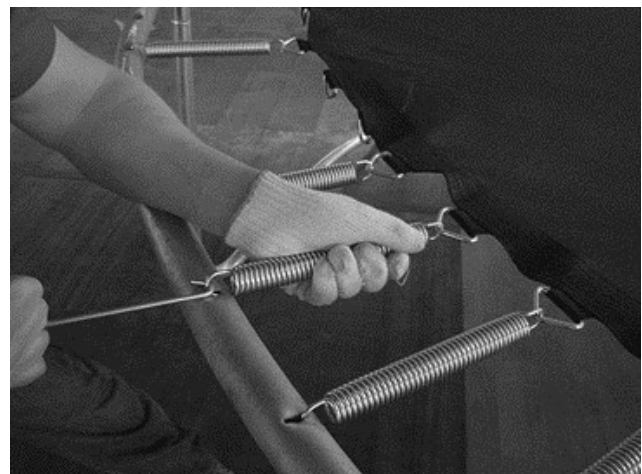
3. Now attach one of the arc rims without leg connectors to the frame in the gaps. Do this by inserting the male (smaller) end of the one you are attaching first and then slotting in the other end afterward. Be careful not to catch your hands or fingers while doing this. Repeat this all the way around until you have a complete trampoline frame



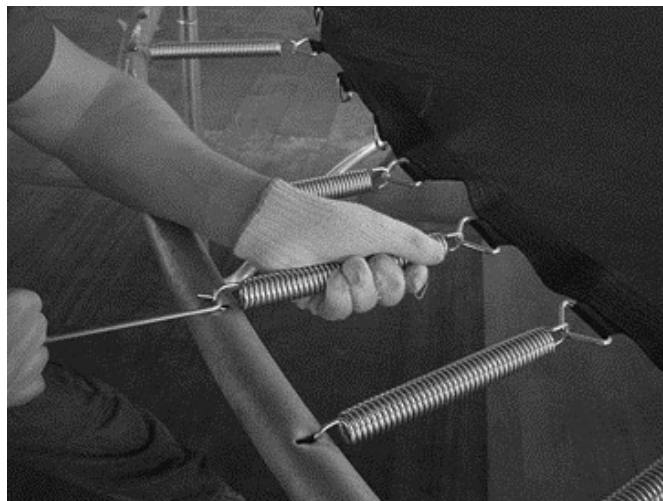
4. Spread out the trampoline mat on the floor inside the frame and attach a spring into one of the triangle rings on the mat. Then hook it into one of the holes on top of the frame.



5. Do the same thing for a spring on the opposite side, then attach one spring in between on either side so you have four springs at approximately 90 degrees to each other.



6. Pick a starting point and go round the trampoline attaching every third spring into every third hole. You will probably need to move the springs you put on first to line them up with the correct hole. Warning: At this point the trampoline will start to produce a great deal of tension. Fit the springs with care not to pinch your fingers. It will help to use the spring tensioning tool, and you may wish to use gloves for protection.



7. Go all the way round the trampoline fitting all the remaining springs. Ensure the legs are at a 90 degree angle to the floor.

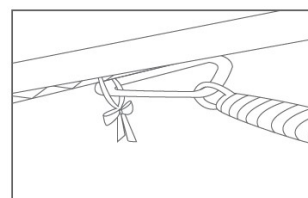


8. Lay the padding over the springs so they are all covered and the extra covering extends over the edge of the frame.

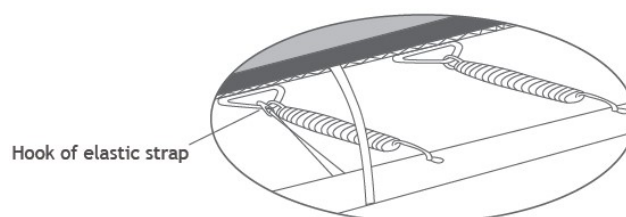
9. Lay the padding over the springs so they are all covered and the extra covering extends over the edge of the frame.



10.1 Get the elastic loops through the V-rings and lock to the spring hooks



10.2 Attach the hook of the elastic strap to the V-ring rounding the outside of the top rail frame



Safety Net Assembly

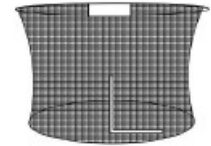
	Part Type	8.2FT	10FT	12FT	13FT	14FT	15FT	16FT
1	Upper pole	6	6	8	8	8	10	10
2	Lower pole	6	6	8	8	8	10	10
3	Safety Enclosure Net	1	1	1	1	1	1	1
4	Bolts & Nuts	12	12	16	16	16	20	20
5	Spanner	1	1	1	1	1	1	1
6	Fiberglass rod	1	1	1	1	1	1	1
7	Top cap	6	6	8	8	8	10	10



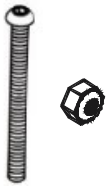
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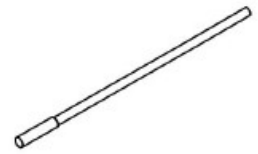
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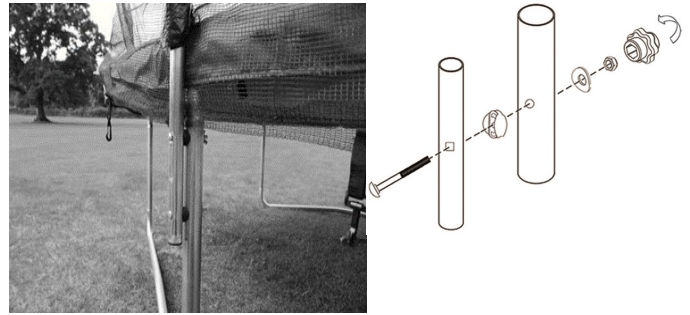


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1. Place 2 bolts through the holes in the bottom of the lower safety pole, and then place the rubber spacers on the bolts as per the picture to the left.



2. Bring the safety net pole up to one trampoline leg and locate the bolts through the corresponding holes on the trampoline leg. Hold the leg in place and screw the nuts on tightly to hold the pole in place. Ensure the pole is securely attached to the leg. Repeat this process with all of the poles/legs of the trampoline.



3. Insert the Top caps on to the curve ends of all upper poles.



4. Put all the upper poles into lower poles



5. Lay the safety enclosure net on the jumping mat.

Tip: Make sure the entrance of the safety net locates between two W-shape leg tubes

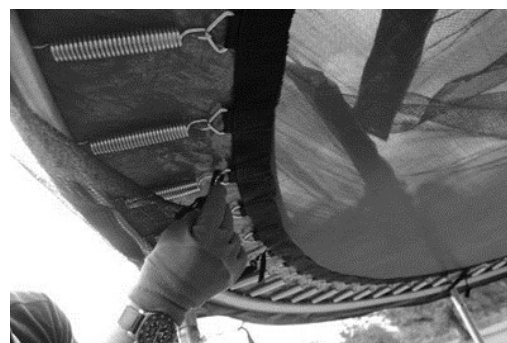
6. Insert fiberglass poles into the top sleeves of safety net. Then you can join the ends of two fiberglass poles together.



7. Insert the fiberglass rod into the top caps as right picture.



8. Use the clips to secure the net underneath the trampoline frame. Make sure you clip them to the triangle ring on the jump mat and not to the springs themselves. Clip these on all the way around the trampoline.



9. Now your trampoline installation is complete.



TO UNASSEMBLE

- To disassemble the trampoline, follow assembly instructions in reverse order.
- Do not attempt to disassemble any frame components before the springs and the mat have been removed.
- Use gloves to protect your hands from pinch points.

HOW DO I USE THIS PRODUCT

LESSON PLAN

The following paragraphs and diagrams are suggested in order to learn basic steps and bounces before moving onto more difficult, complicated bounces. Before using the trampoline, you should **read and understand all safety instructions.**

Lesson 1

- A. Mounting and dismounting demonstration of proper techniques.
- B. The basic bounce demonstration and practice.
- C. Braking (check the information on use section) and practice. Learn to brake on command.
- D. Hands and knees demonstration and practice. Stress should be on four-point landing and alignment.

Lesson 2

- A. Review and practice of techniques learned in Lesson1.
- B. Knees bounce demonstration and practice. Learn the basic down to knee and back up before trying half twist to left and right.
- C. Seat bounce demonstration and practice. Learn basic seat bounce then add a knee bounce, hands and knees;
- D. Repeat.

Lesson 3

- A. Review and practice skills and techniques learned in previous lessons.
- B. Front drop demonstration. To avoid mat burns, teach the front bounce position. All students should be requested to assume the prone position (face down on the ground) while the instructor checks for faulty positions that could cause injury.
- C. Start with a hands and knees bounce and then extend body into prone position, and on the mat and return to feet.
- D. Practice routine hands and knees bounce, front Bounce, back to feet, seat bounce, back to feet, seat bounce, back to feet.

Lesson 4

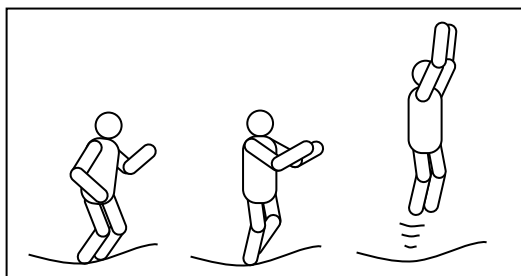
- A. Review and practice skills and techniques learned in previous lessons.
- B. Half turn demonstration.
- C. Start from front drop position and as you make contact with mat, push off with arms in either the right or left direction and turn head and shoulders in same direction.
- D. During turn, be sure to keep back parallel to mat and head up.
- E. After completing turn, land in front drop position
- F. After completing this lesson, the student now has a basic foundation of trampoline bounces. Jumpers should be encouraged to try and develop their own routines with the emphasis on control and form.
- G. A game that can be played in order to encourage students to try and develop routines is "BOUNCE". In this game, players count off from 1 to 10. Player one starts with a maneuver. Player two has to do Player one's maneuver and add on another. Player cannot do the routine properly in the correct sequence. The first person to miss, receives the letter "B". This continues until someone spells out the word "BOUNCE". The last remaining contestant is deemed the winner! Even when playing this game, it is important to perform your routines under control and not try difficult or highly skilled bounces that you have not yet mastered.

REMEMBER! THIS TRAMPOLINE IS ONLY SUITABLE FOR ONE PERSON AT A TIME.

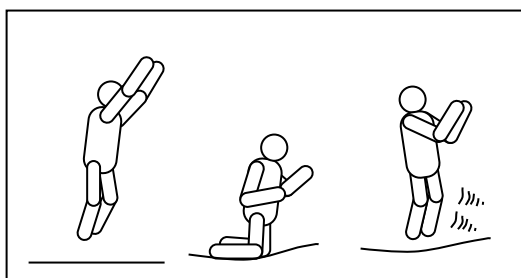
A certified trampoline instructor should be contacted to further develop your trampoline skills.

BASIC TRAMPOLINE BOUNCE

THE BASIC BOUNCE

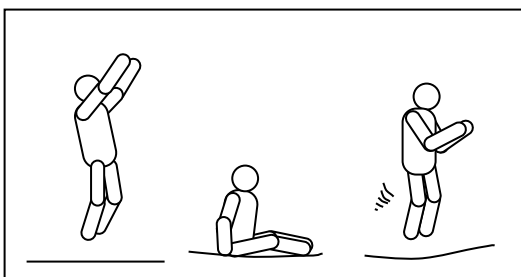


1. Start from standing position, feet shoulder width apart and with head up and eyes on mat.
2. Swing arms forward and up and around in a circular motion.
3. Bring feet together while in mid-air and point toes downward .
4. Keep feet shoulder width apart when landing on mat.



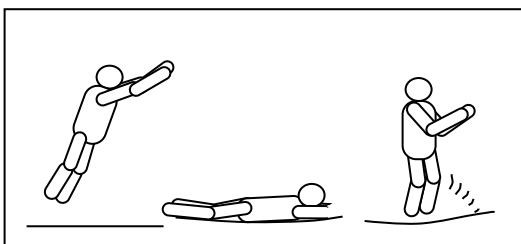
1. Start with basic bounce and keep it low.
2. Land on knees keeping back straight, body erect and use your arms to maintain balance.
3. Bounce back to basic bounce position by swinging arms up

THE SEAT BOUNCE



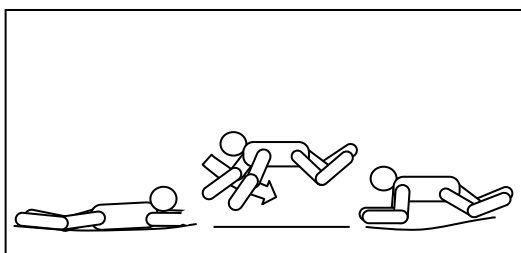
- 1.Land in a flat sitting position.
- 2.Place hands on mat besides hips.
- 3.Return to erect position by pushing with hands

THE FRONT BOUNCE



- 1.Start with front bounce position.
- 2.Land in prone (face down) position and keep hand and arms extended forward on mat.
- 3.Push off the mat with arms to return to standing position.

180 DEGREE TURN BOUNCE



- 1.Start with front bounce position.
- 2.Push off with left or right hands and arms (depending on which way you wish to turn).
- 3.Maintain head and shoulders in the same direction and keep back parallel to mat and head up.
- 4.Land in prone position by return to standing position by pushing up with hands and arms.

ALWAYS START YOUR JUMP AT THE BROKEN CIRCLE. WHEN YOU LAND MORE THAN 1F (30cm) AWAY FROM THE EDGE OF THE BROKEN CIRCLE, STOP YOUR JUMP IMMEDIATELY!! RESTART YOUR JUMP AT THE BROKEN CIRCLE.

CARE AND MAINTENANCE

This trampoline was designed and manufactured with quality materials and craftsmanship. If proper care and maintenance is provided, it will provide all jumpers with years of exercise, fun, and enjoyment as well as reduce the risk of injury.

Please follow the guidelines listed below:

This trampoline is designed to withhold a certain amount of weight during use. Please make sure that only one person at any one time uses the trampoline. The person should weight no more than 100kgs. Jumpers should wear either socks or gymnastics shoes when using the trampoline. Please be aware that trainers or tennis shoes should **NOT** be worn while using the trampoline. In order to prevent the trampoline mat from getting cut or damaged please **do not** allow any pets onto the mat. Jumpers should remove all sharp objects from their person (including jewellery) prior to using the trampoline. Any type of sharp or pointed objects should be kept off the trampoline mat at all times.

Always inspect the trampoline before each use for worn, abused or missing parts. A number of conditions could arise that may increase your chances of getting injured. Please be aware that the following could represent potential hazards:

- Punctures, frays, holes, or tears in the trampoline mat or frame pad.

- Sagging trampoline mat.
- Loose stitching or any kind of deterioration of the mat or frame pad.
- Bent or broken frame parts.
- Broken, stretched, missing, or damaged springs.
- Damaged, missing, or insecurely attached frame pad.

The following should be considered to extend the life of your trampoline.

- Jumping bed must be kept free of dirt particles and sand.
- Clean bed surface with cold water but do not use soaps, detergents or chemical cleaners.
- Mat can be damaged by belts with large buckles.
- Mat is not resistant to scratching.
- Shoes and trainers should **not** be worn while using the trampoline, wear either socks or gymnastics shoes.
- The mat and safety pad are not fire retardant. Keep trampoline away from fire, sparks and fireworks.
- Sun can deteriorate the mat and frame pad fabric and stitching.
- Adverse weather conditions could crack the frame pad if exposed to extreme cold. Remove during the winter!
- **Do not** use the trampoline without the frame pad in place.
- Frame pieces and springs are galvanized, however, a little surface rust may appear. Remove any such rust by gently cleaning with a wire brush or emery cloth. Frame pieces can be treated by applying a coat of Grey enamel primer and overcoating with Aluminum enamel spray paint. Always follow the manufacturers directions on the product packaging.

IF YOU FIND ANY OF THE PREVIOUS CONDITIONS, OR ANYTHING ELSE THAT YOU FEEL COULD CAUSE HARM TO ANY USER, THE TRAMPOLINE SHOULD BE UNASSEMBLED OR SECURED FROM USE UNTIL THE CONDITION(S) HAVE BEEN RESOLVED.

In severe wind situations, the trampoline can be blown about. If you expect windy weather conditions, the trampoline should be moved to a sheltered area or disassembled. Another option is to tie the round, outside portion (top frame) of the trampoline to the ground using ropes and stakes. If this is done, secure the tie down to the middle of the frame tube. To ensure security, at least three (3) tie downs should be used. Do not just secure the legs of the trampoline to the ground because they can pull out the frame sockets.

MOVING THE TRAMPOLINE

If you need to move the trampoline, four people should be used. All connector points should be wrapped and secured with weather resistant tape, such as duct tape. This will keep the frame intact during the move and prevent the connector points from dislocating and separating. When moving, lift the trampoline slightly off the ground and keep it horizontal to the ground. For any other type of move, you should disassemble the trampoline.

WINTER

In areas where there is ice and snow, it is recommended that the trampoline be disassembled and stored for the winter.

PETS

Please keep pets away from the trampoline.